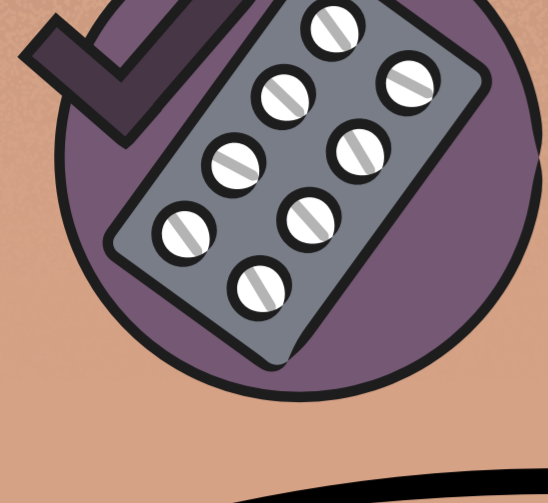


# FINASTERIDE VS MINOXIDIL

## WHICH IS MORE EFFECTIVE AT FIGHTING MALE HAIR LOSS?

Finasteride and Minoxidil are both FDA approved to treat hair loss for men. They are the only FDA approved treatments for male pattern hair loss.

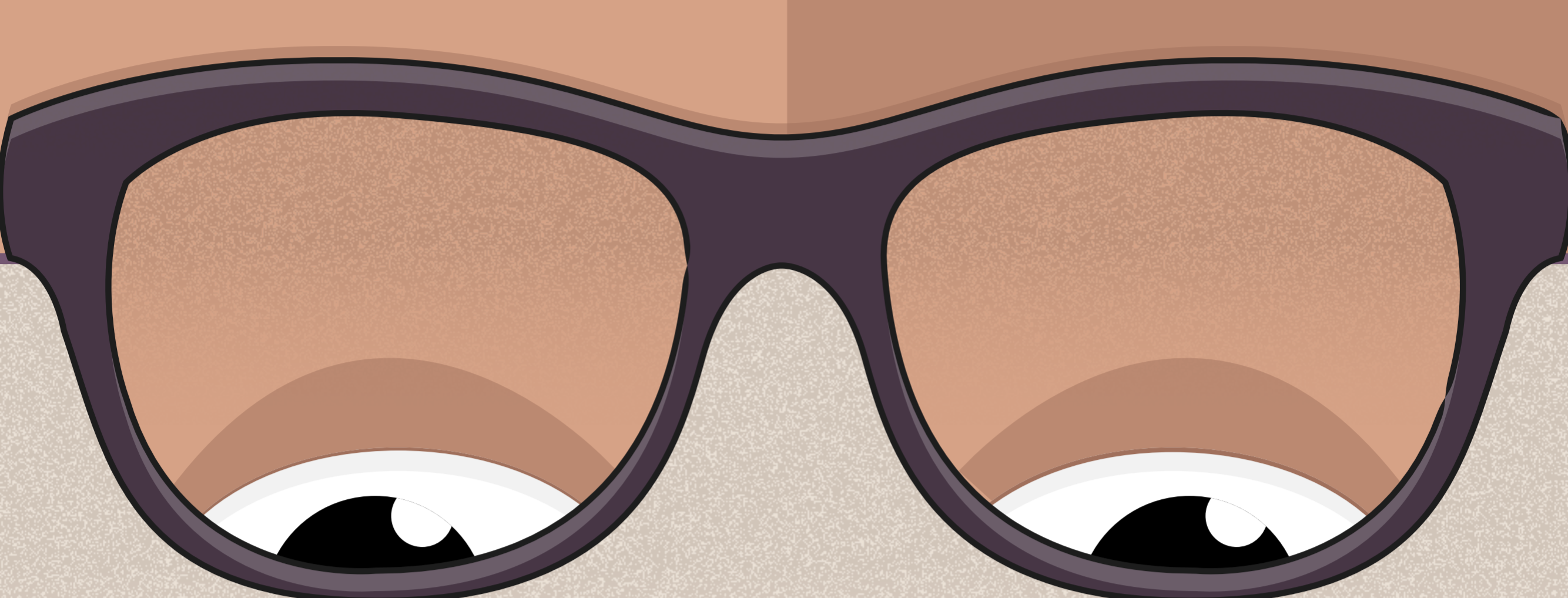


Finasteride 1mg was FDA approved in 1997 under the brand name Propecia.



Minoxidil was FDA approved in 1996 and was the first FDA approved treatment of male pattern hair loss.

Both of these treatments have been scientifically proven to stop hair loss and, in some cases, regrow hair. However, the two products work in completely different ways.



### HOW FINASTERIDE WORKS

Finasteride is a type II 5 $\alpha$ -reductase inhibitor. It prevents testosterone from being converted into dihydrotestosterone (DHT) in male hair follicles.

DHT is the main cause of male pattern hair loss which is responsible for over

**95%**

of all hair loss in males.

FINASTERIDE REDUCES DHT IN SCALP TISSUE BY APPROXIMATELY

**64%**

in as little as 42 days.

THIS REDUCTION OF DHT HAS BEEN PROVEN TO STOP THE PROGRESSION OF HAIR LOSS IN

**86%**

of men during clinical trials of finasteride 1mg.

### HOW MINOXIDIL WORKS

Minoxidil is a vasodilator. It widens the blood vessels and increases blood flow to your scalp and hair follicles.

This allows more nutrients and oxygen to reach your hair follicles, potentially promoting growth.

IN A FOUR-MONTH STUDY OF 743 MEN USING 5% MINOXIDIL SOLUTION,

**74%**

of men judged that minoxidil improved hair density.

ALSO, THE SCALP AREA AFFECTED BY MALE PATTERN BALDNESS WAS JUDGED SMALLER BY

**67.3%**



It comes in a 1mg tablet and is FDA approved. It requires a prescription.



Minoxidil is NOT a DHT blocker. It's a topical solution in a serum or foam. It is FDA approved and doesn't require a prescription.

### FINASTERIDE AND MINOXIDIL CAN USUALLY BE USED TOGETHER.

Some studies have shown better results using both minoxidil and finasteride versus using one or the other individually.



### ONE STUDY OF 428 MEN WERE EVALUATED AFTER USING ONE OF THREE TREATMENT OPTIONS:

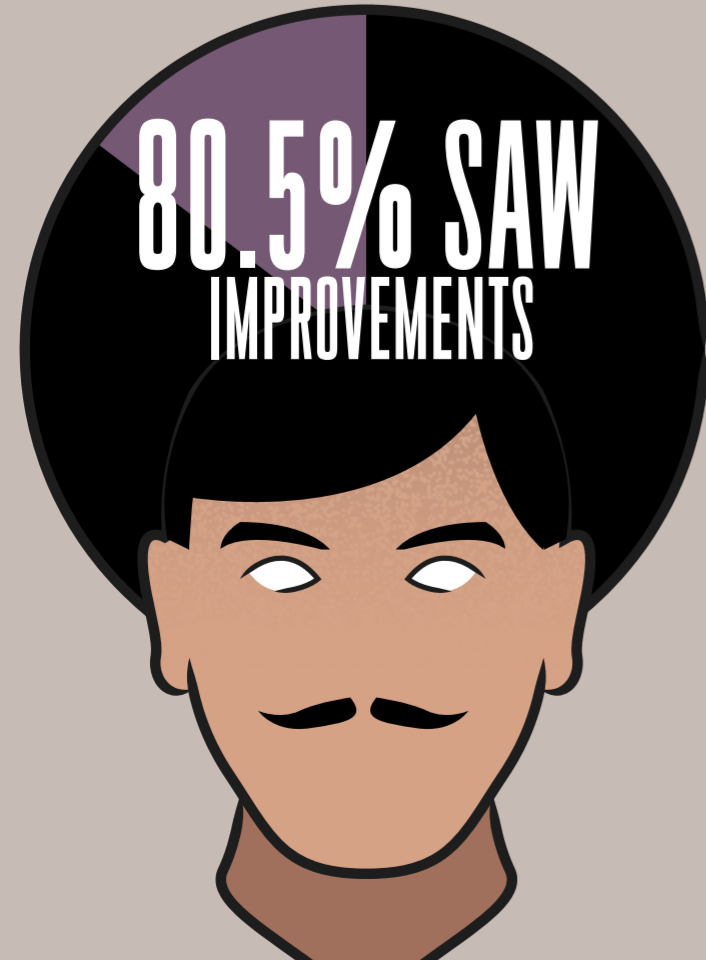
finasteride 1mg only (154), 5% minoxidil only (122), and finasteride 1mg and 5% minoxidil (152).

### AT 12 MONTHS ALL THREE GROUPS SAW IMPROVEMENTS AS FOLLOWS...



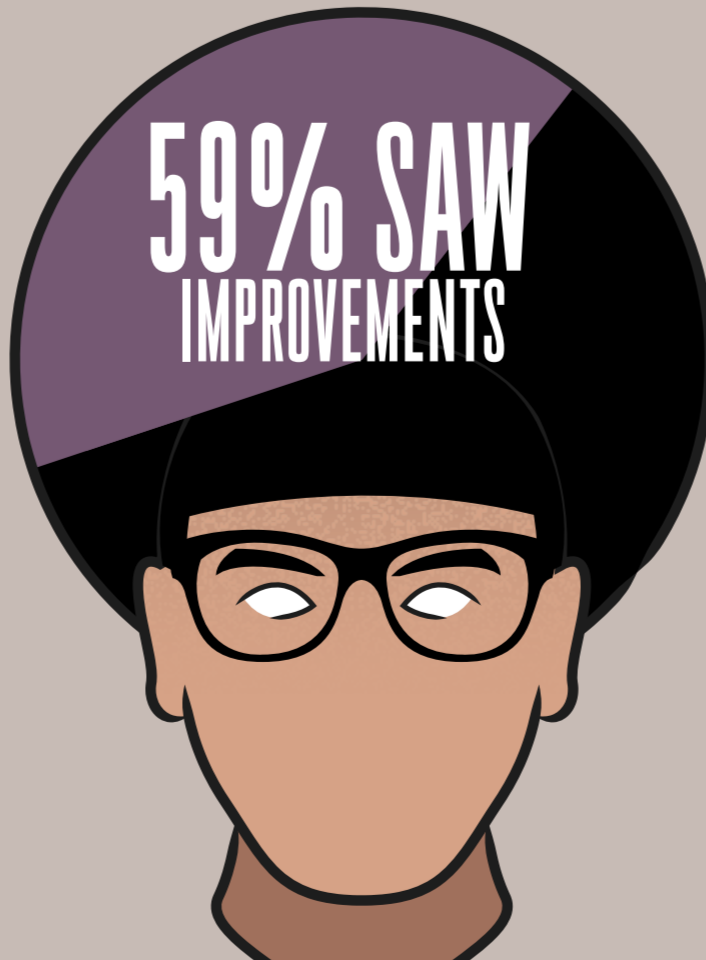
FINASTERIDE 1MG ONLY:

**80.5% SAW IMPROVEMENTS**



5% MINOXIDIL ONLY:

**59% SAW IMPROVEMENTS**



FINASTERIDE 1MG PLUS 5% MINOXIDIL:

**94.1% SAW IMPROVEMENTS**



#### DATA SOURCES:

[HTTPS://WWW.NCBI.NLM.NIH.GOV/PUBMED/10495374](https://www.ncbi.nlm.nih.gov/pubmed/10495374)  
[HTTP://WWW.AMERICANHAIRLOSS.ORG/MEN\\_HAIR\\_LOSS/TREATMENT.ASP](http://www.americanhairloss.org/men_hair_loss/treatment.asp)  
[HTTP://WWW.ISHRS.ORG/ARTICLES/MINOXIDIL-STUDY.HTM](http://www.ishrs.org/articles/minoxidil-study.htm)

**hims**