

Dermis Hypodermis

causing clogged pores. B. As your skin ages, collagen and

elastin production decreases. The loss of skin elasticity highlights the soonto-be blackheads inside your pores, making them look bigger.

ROUND HYPODERMIS UP... Smart skincare nurtures all three layers, starting with subcutaneous fat cells. METRIN dives deepto repair your skin's natural systems, restoring balance across the board.

SKIN CARE FROM THE

OKAY, STEP ONE You've got to start with clean skin. Our Deep Cleanser gently removes makeup, dirt, & bacteria from the surface so the next steps in the system can get where they need to go. **HOW IT WORKS** We use a high-oleic, cold-pressed (and organic) sunflower-oil base to soften the skin while protecting & preserving its natural ecosystem and cleansing contaminants away. SFOIL IMPROVES **NUTRIENT ABSORPTION** (and that's A Good Thing).

You need to get nutrients down into the deepest layers of your skin to be effective. Our Deep

skin cells with fresh, healthy new ones).



Cleanser removes surface oil and dirt so this can happen. Cleansing and exfoliating should work in harmony with your skin's natural systems. No irritati-

on. Zero stress. This helps your skin do its job: renew itself naturally (replace old discoloured

Your skin sweats and sheds dead cells constantly. This can trap dirt, dust, pollutants, and other



microscopic stuff on the surface. Bacteria love it (including the dreaded acne bacteria) and you probably don't - let's get rid of it all. Remember: zero stress. Our sunflower oil and purified water emulsion gently strips surface

dirt, including make-up, without irritating your skin. This slows your skin's natural reaction to



With your skin cleansed down to its bare surface, we can get to work on exfoliation.

WHY SUNFLOWER OIL? It's an excellent "carrier oil" (nutrient delivery vehicle) and, when emulsified with water, helps vitamins and essential fatty acids

cleansing - releasing more oils (don't worry, they'll be back).

WE NEED TO

penetrate deep into your skin without disrupting its natural functions.

GO DEEPER Time to remove dead skin cells and kill some unwanted bacteria. Exfoliation brings healthy new skin to the surface.... ...reduces bacteria by removing their food source...



MOAR SCIENCE! The Deep Cleansing process exposed and softened dead skin cells on the surface. Now it's time to get rid of them altogether. Lathering action helps the cleanser surround and liftdead skin cells for easy, gentle removal. With dead cells gone, the skin is naturally stimulated to

HOW IT

WORKS:

Our Lathering Cleanser's pH is slightly acidic, just like your skin's natural acid mantle of the skin. This helps inhibit excess/foreign bacterial growth (acne), reducing the need for immune

renew itself more quickly.



system responses (usually inflammation), which can interfere with your skin's natural renewal process. Removing dead skin cells without irritation also keeps skin's natural response (oil/sebum production) to a minimum instead of an excess.

Clean, well-exfoliated skin means fewer dead skin cells hanging around. This allows light to

reflect from the healthy new cells underneath. Radiant! It's also free from excess bacteria,

which would have hampered the delivery and absorption of vitamins and nutrients.





Sunflower oil strikes again: our emulsion formula's the perfect vehicle to deliver calming agents and antioxidant vitamins (A, C, D, E, and K) plus the amino acids in our certified-organic Aloe Vera. Now that your pores are clear we

SOME SKINCARE SYSTEMS

We've cleansed and exfoliated to bring healthy, new skin to the

let's deliver some nutrients to your hypodermis and hydrate it

surface... but we want to keep right on shining. The path is clear:

STOP THERE...SLACKERS!

to the deepest layers of your skin, where healing really happens.

can send these nutrients straight

vitamin C, enabling its transport in a form your skin can use. Proper product formulation is essential - without it, these ingredients can't penetrate deeply Any single product simply cannot deliver complete skin nourishment while maintaining its optimal condition and function (like the pH of its acid mantle) effectively. Skin care systems must work alongside your body's natural systems



VITAMINS E & K (sunflower oil - is there anything it can't do?) These contain antioxidants that help and counter inflammation, which can trigger premature aging effects.

PROTECT, PROTECT

Our Protective Lotion minimizes the bacteria, contaminants,

and impurities that want to clog up your pores, both during

HOW IT WORKS:

binding moisture to

your skin and keeping

bacteria at bay for hours.

the day and all night long (while retaining moisture and

(AND THEN PROTECT SOME MORE)

helping your skin heal itself).

to transport nutrients and enhance skin function. Your skin still requires

Protective Lotion, formulated to bind with the Vita Conditioner.

additional nourishment to help it heal and protect against new bacterial growth.

Our Vita Conditioner prepares your skin for application and absorption of the



OMEGA

6

OMEGA

OMEGA

SO... MUCH... SCIENCE!

Regular SF oil contains high quantities of Omega 3 and 6, essential fatty

acids. High oleic goes one step further, adding Omega-9's. Cold-pressing

helps preserve these nutrients, so cold-pressed high-oleic SF oil is an



Why high-oleic sunflower oil?

ideal vehicle for transdermal delivery.

HOW IT WORKS:



It contains vitamin B6, a super-effective acne prevention treatment (and general antibacterial wondersauce), adding yet another layer of nourishment and protection to the one you

TIME TO

Our Enriched Vita Conditioner

encourages healing and cellular

regeneration by neutralizing free

radicals and providing a final

protective barrier against

the elements.

SHINE!

dermatitis, itchy skin, greasy skin, and flaking or peeling skin... is absolutely essential for the proper absorption/function of sugars, fats, and proteins in the body.

METRIN Conditioner creates a protective seal over the humectants, antimicrobials, and nutrients applied in step 4's Protective Lotion.

deployed with the previous steps Vitamin B6's antioxidant properties also help to reduce inflammation to encourage cell renewal, improving skin's overall health and appearance. It fights, among others: seborrheic

Organic, cold-pressed, high-oleic sunflower oil improves vitamin B6's stability, enables deep transdermal delivery, and enhances the effectiveness of our Protective Lotion & Conditioners' Aloe Vera amino acids.