

27 YOU PLUS RELIEF

TIMES TO USE

AND How to Maximize Your Pain Relief

You Plus Relief is packed with 30 incredible ingredients to go beyond simply masking pain. And because it's 100% natural with zero toxic chemicals, you can use it safely on regular basis for more than just pain. It's like a multivitamin delivered through your skin.

CHRONIC PAIN

Soothe pain, reduce inflammation, and increase blood flow to support the body's natural healing processes.



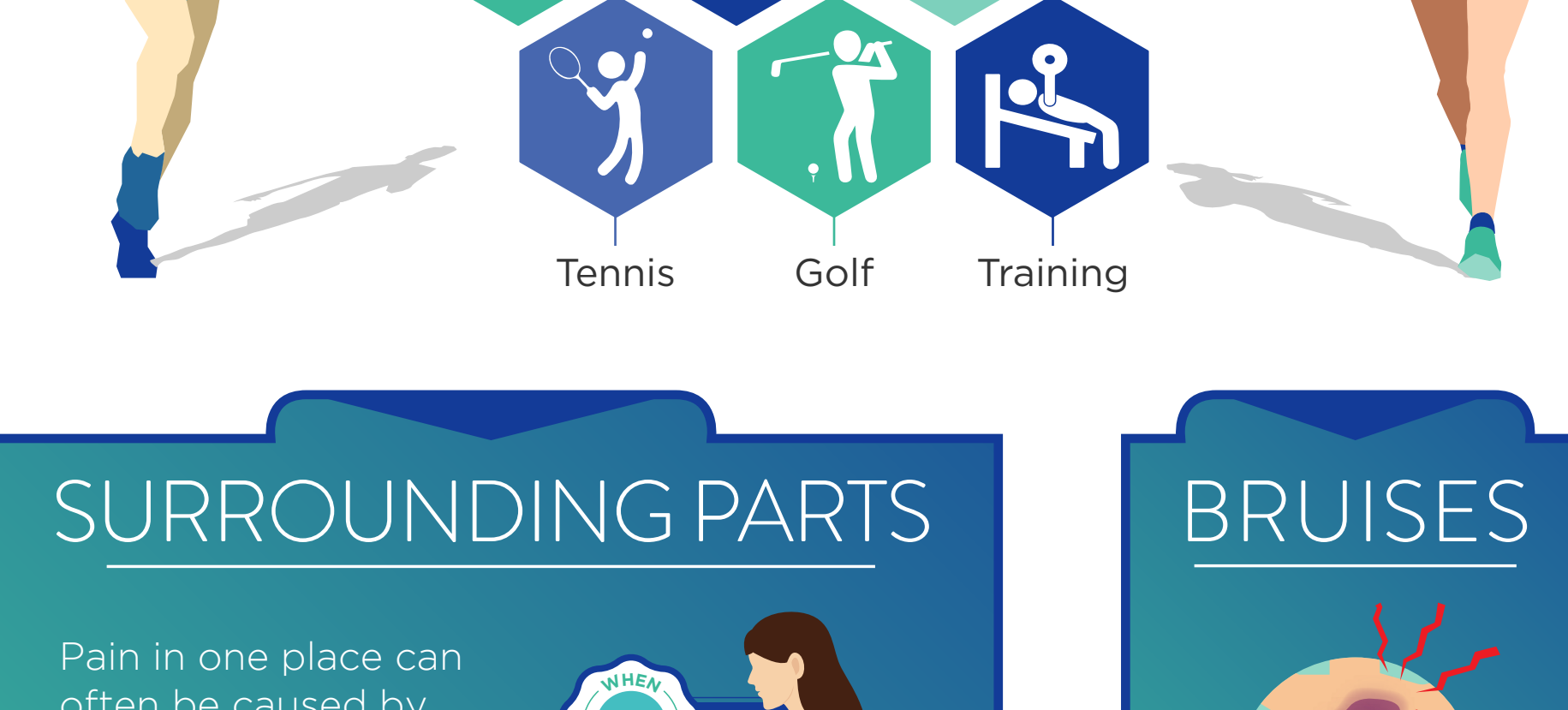
INJURY

Accelerate recovery by supporting your body's natural healing processes.



EXERCISE

Protect and repair muscle and joint fibers damaged from physical activity.



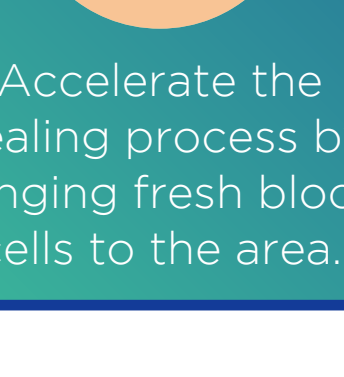
SURROUNDING PARTS

Pain in one place can often be caused by problems elsewhere in the chain of movement.



Apply to muscles and joints that are 1-2 steps away from the area in pain.

BRUISES



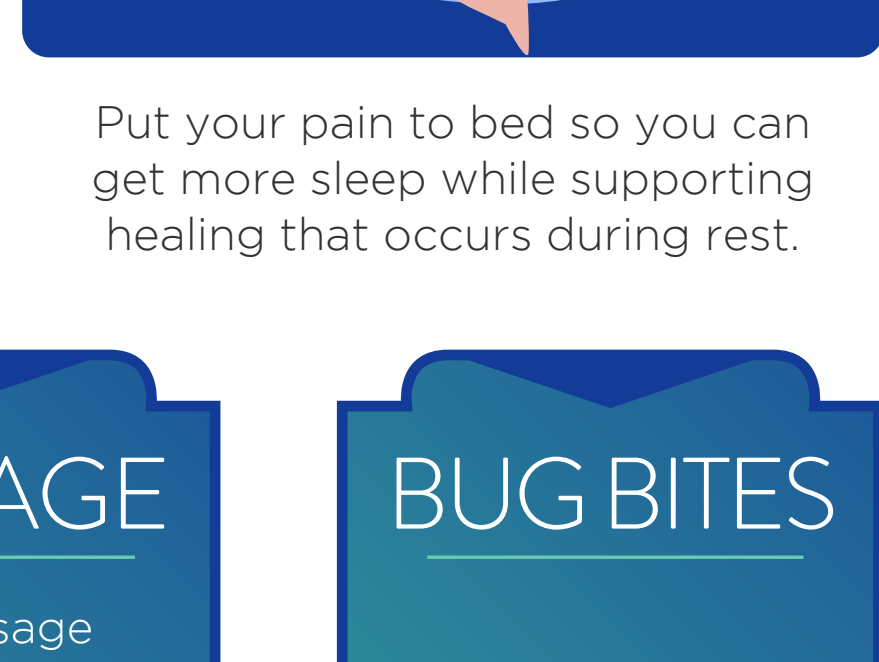
Accelerate the healing process by bringing fresh blood cells to the area.

AFTER A SHOWER



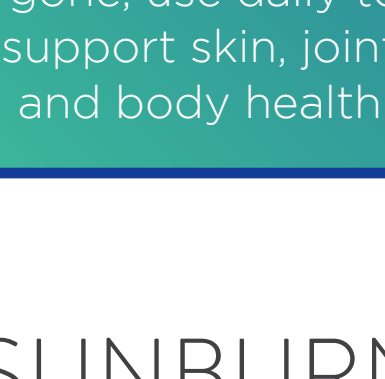
- ✓ Increase absorption by 10X.
- ✓ When your skin is clean, warm, and damp it's the perfect time to apply to maximize effectiveness.

AT BEDTIME



Put your pain to bed so you can get more sleep while supporting healing that occurs during rest.

DAILY LOTION



1X PER DAY

Even when pain is gone, use daily to support skin, joint, and body health.

MASSAGE

After a massage
During self-massage



Support recovery, prevent soreness, and enhance the benefits of massage.

BUG BITES



Soothe and help heal minor bug bites.

SUNBURN



Protect and repair skin from damage by applying immediately after prolonged sun exposure.

STRETCHING



Improve the quality of your stretching by relieving tension in your muscles and fascia.

LONG DAY ON YOUR FEET



Relieve and repair tired feet after standing or walking.

LONG TRAVEL DAY



Prevent soreness & tension caused by sitting for extended periods of time.

WASHING DISHES



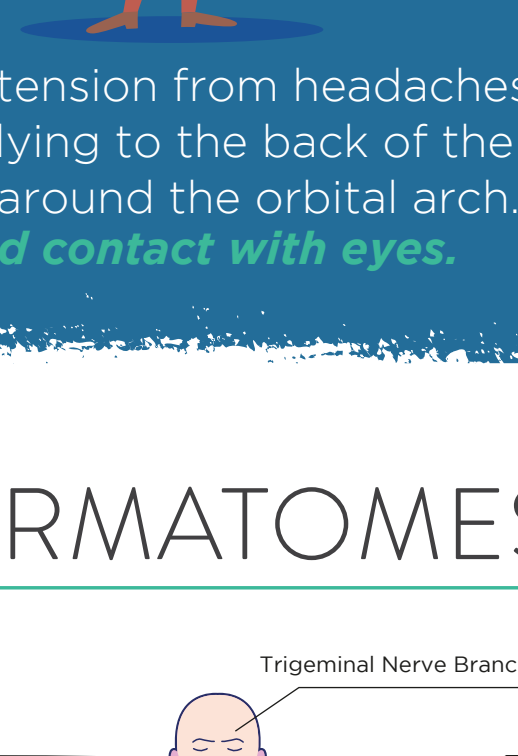
Restore moisture stripped by harsh soaps & capitalize on more permeable skin for maximum pain relief in your hands.

SITTING AT A DESK



Prevent and relieve pain caused by too much desk work.

MIGRAINES & HEADACHES

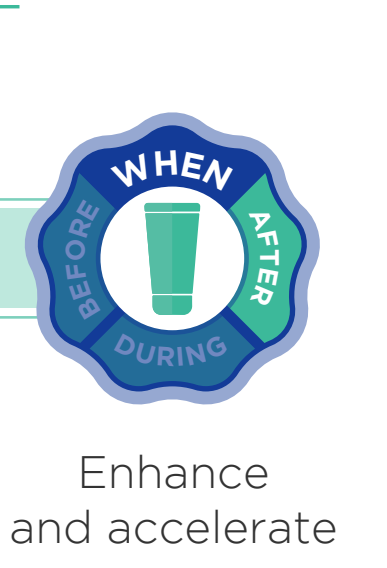


Relieve tension from headaches by applying to the back of the neck & around the orbital arch.

Avoid contact with eyes.

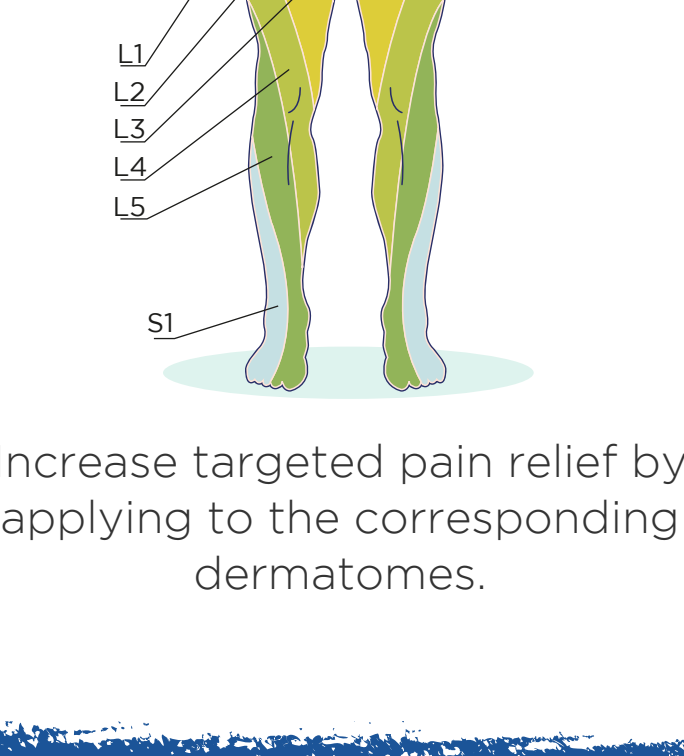
COLD & FLU

Use for mild decongestion and cough suppression by applying to the chest before bed.



Enhance and accelerate recovery.

DERMATOMES



Increase targeted pain relief by applying to the corresponding dermatomes.

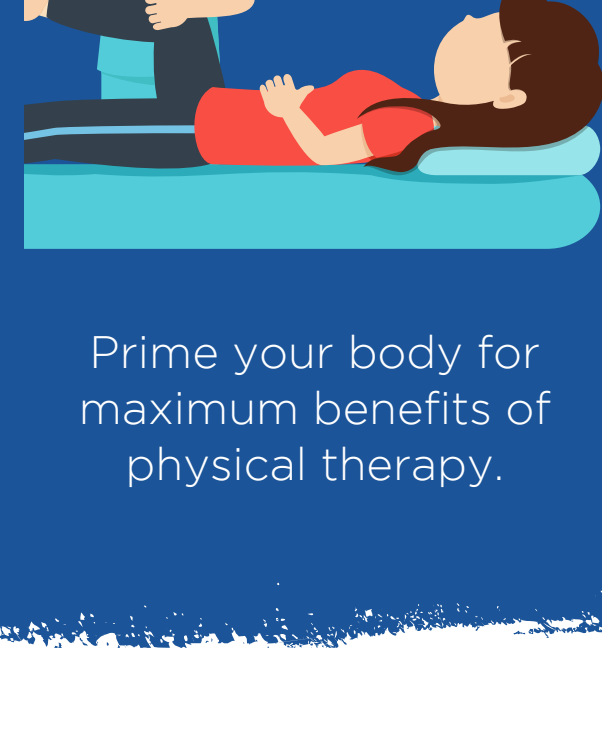
AFTER SURGERY



Reduce soreness and limit excess inflammation caused by surgery while priming your body to heal.

External use only.

PHYSICAL THERAPY



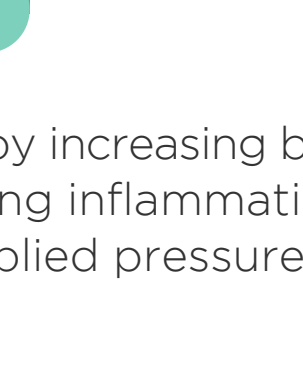
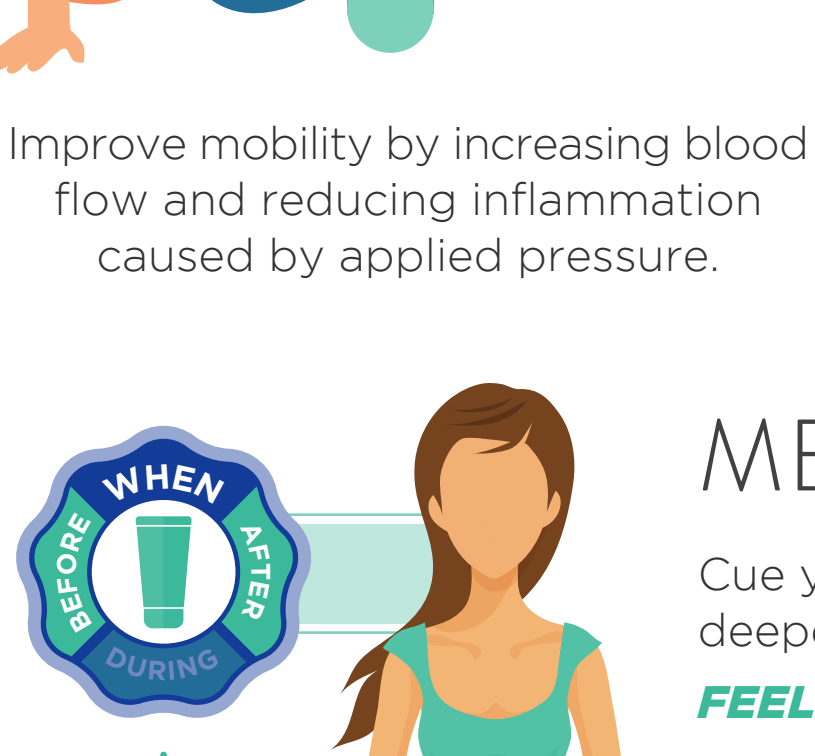
Prime your body for maximum benefits of physical therapy.

CHIROPRACTIC TREATMENT



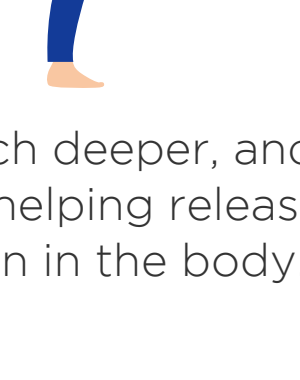
Naturally support treatment of musculoskeletal pain.

FOAM ROLLING



Improve mobility by increasing blood flow and reducing inflammation caused by applied pressure.

YOGA



Relax more, stretch deeper, and end refreshed by helping release even more tension in the body.

MEDITATION

Cue your mind to avoid distraction while deepening the connection to your body.

FEEL EXTRA REFRESHED AFTERWARDS.

WASHING HANDS

Maximize pain relief in your hands with 10x more absorption due clean, damp, warm skin.

